

**TAPERED STRETCH REMOVABLE ADHESIVE
ARTICLES AND METHODS**

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Abstract of the Disclosure

Pressure sensitive adhesive articles and methods, particularly stretch
removable adhesive articles that are preferably for use in adhering to skin or like
10 delicate surfaces. The articles include tapered terminal portions to control
release characteristics. Preferably, stretch removability of the article occurs as a
result of the selection of a stretch removable pressure sensitive adhesive. In
some embodiments of the articles and methods, the adhesive and backing
delaminate upon removal. In other embodiments of the articles and methods, the
15 backing includes a predefined tab located in a central location of the backing.